

## AJ Odudu and Will Best, a Mexican feast and fiery lime margaritas

**MARCUS BENTLEY:** This podcast may contain some mild swear words and adult themes.

*[Big Brother sting]*

*[Theme music]*

**NICK GRIMSHAW:** Oh hello, and welcome to Dish from Waitrose. It is I, Nicholas Grimshaw.

**ANGELA HARTNETT:** Hi, and I'm Angela Hartnett.

**NICK GRIMSHAW:** Hi, Angela Hartnett.

**ANGELA HARTNETT:** Hello.

**NICK GRIMSHAW:** You alright?

**ANGELA HARTNETT:** I'm alright, how are you?

**NICK GRIMSHAW:** I'm very good, thank you.

**ANGELA HARTNETT:** What you been up to?

**NICK GRIMSHAW:** Oh, you know, this and that.

**ANGELA HARTNETT:** I know exactly what you've been up to.

**NICK GRIMSHAW:** What?

**ANGELA HARTNETT:** Because on your Instagram account, you share your life.

**NICK GRIMSHAW:** Share my life. I might retreat from public life in 2024.

**ANGELA HARTNETT:** Really? Yeah, we'll see.

**NICK GRIMSHAW:** Just for you.

**ANGELA HARTNETT:** Just for me.

**NICK GRIMSHAW:** Just be mysterious.

**ANGELA HARTNETT:** Or you might just block me, then I can't see what's going on.

**NICK GRIMSHAW:** Yeah, just do that, yeah. You'll be like, wow, he's such a enigma. Who is he? You're just muted. Hey, we have not one, but two guests for you today on Dish. We have AJ Odudu and Will Best, who are joining us. They are telly presenters, of course. I used to work with Will. Years ago.

**ANGELA HARTNETT:** Did you? On what?

**NICK GRIMSHAW:** On T4 and like, Channel 4 things, and they are now joining forces to host the return of Big Brother.

**ANGELA HARTNETT:** I know, they're going to be incredible, because they're both brilliant presenters.

**NICK GRIMSHAW:** They are.

**ANGELA HARTNETT:** Talking to them briefly, they love that show, they've watched it since the beginning.

**NICK GRIMSHAW:** I really have high hopes for Big Brother.

**ANGELA HARTNETT:** You just want the nation all watching it together at the same time.

**NICK GRIMSHAW:** I really, really do. I really do. And I like that it's simple.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** In its premise. Like, you know now it's like, you go in, you've got to find love, you've got to like, stay with the person.

**ANGELA HARTNETT:** Oh, yeah, yeah, yeah.

**NICK GRIMSHAW:** Or like- I like that it's like, just in the house. I hope they do that thing overnight where-

**ANGELA HARTNETT:** Where you watch them sleeping?

**NICK GRIMSHAW:** No, but like, they'd be like, up, you know, that it used to be on E4 all the time, and they'd be like, sat outside, like, smoking, like, like, they'd just get out of prison, they were like- they'd always play the bird call in if anyone talked about anything they wanted to cover up, like, do you remember anyone talking about brands or anything? You wouldn't be able to talk about Waitrose on Big Brother, they'd get the birds on. I loved that it was constant, I loved that my mum and dad hated it, I loved the theme tune, I loved Marcus Bentley's voiceover.

**ANGELA HARTNETT:** Mm. Yeah.

**NICK GRIMSHAW:** Iconic. So we've actually got him to introduce AJ and Will today.

**ANGELA HARTNETT:** Brilliant.

**NICK GRIMSHAW:** Because they've probably not heard him say their names.

**ANGELA HARTNETT:** No.

**NICK GRIMSHAW:** But we got him to record a few other bits, like this.

**MARCUS BENTLEY:** Angela Hartnett and Nick Grimshaw, you have been evicted.

**NICK GRIMSHAW:** Oh my god. So good.

**ANGELA HARTNETT:** Love that.

**NICK GRIMSHAW:** I love that. I need that as my text alert.

**ANGELA HARTNETT:** Yes, yes. What, for when I call you?

**NICK GRIMSHAW:** Yeah. 'Angela Hartnett.'

We're gonna have some more Marcus in the episode, so listen out. But before we welcome them in, we have a question from Anna in Tottenham. Hi Anna. She says, 'Hi Angela, Nick and team. I'm listening to the Caitlin Moran episode, 'which, by the way, I really loved. And I put it on in the bathroom, and Mesh was in the shower, and I was getting ready at the sink, and Mesh took his head out of the shower and said, quote, 'It's actually alright, this podcast, innit?'

**ANGELA HARTNETT:** Thanks, Mesh.

**NICK GRIMSHAW:** I was like, wow. Anyway, Anna said she's 'listening to the Caitlin Moran episode and grinning stupidly on the Overground at lots of points. She's a great raconteur.' She is really good.

**ANGELA HARTNETT:** She is. She's confident. She's brilliant.

**NICK GRIMSHAW:** 'Her comment about drinking Rioja and gin made me think back to a time in uni when we ran out of tonic, so we decided to drink gin and milk.'

**ANGELA HARTNETT:** Ugh.

**NICK GRIMSHAW:** Eugh. "Needless to say, it was horrid and curdled, but the cheap and lazy student in me soldiered on and felt horrendous the next day.' Yeah, gross,

obviously. Anna would like to know, 'What's the weirdest drink you've ever had?' That does happen late at night. Less so now, but very much so at uni. Anna is right. Gin and milk. That's probably happened, I've probably done that as a mixer.

**ANGELA HARTNETT:** Oh, God, no, I can't think of anything worse. I've probably had spirits straight.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** If there's nothing and you just drunk it regardless and done that, ugh-

**NICK GRIMSHAW:** Ugh. Oh yeah. I say the weirdest drink I've ever had, Anna, was not too long ago, actually. Do you remember my friend Becky Monkey?

**ANGELA HARTNETT:** Yes. Love Becky Monkey.

**NICK GRIMSHAW:** You love Becky Monkey.

**ANGELA HARTNETT:** One of your oldest friends. She's lovely.

**NICK GRIMSHAW:** Yeah. And it was her birthday recently, and we went out for dinner and then afterwards we went back to our friend Jess'. And I went drinking, I had a few weeks of not drinking when we got there, Becky Monkey says, 'Have a drink, it's me birthday.' I said, I'm not drinking. I've made it to 1am.

**ANGELA HARTNETT:** Yeah, not gonna start.

**NICK GRIMSHAW:** I'm not gonna start drinking now. I said, what are you having anyway? All they had in was warm ...Pimms and Prosecco. So Becky Monkey poured herself half a pint of warm Pimms, half a pint of Prosecco.

**ANGELA HARTNETT:** Oh my god.

**NICK GRIMSHAW:** And she said, 'Try it,' and it tasted like varnish.

**ANGELA HARTNETT:** Oh my god.

**NICK GRIMSHAW:** It was so vile.

**ANGELA HARTNETT:** Horrendous.

**NICK GRIMSHAW:** The weirdest drink I've ever had, Anna, is a cocktail called the Becky Monkey. Should we get our guests in?

**ANGELA HARTNETT:** We should indeed.

**NICK GRIMSHAW:** Okay.

**[Big Brother sting]**

**MARCUS BENTLEY:** Wednesday, 1PM. We're in the Dish studio and something smells good. At the table, Nick and Angela are joined by two guests. They're about to discuss the return of one of the most iconic shows in TV history. AJ Odudu and Will Best, please take a seat at the Dish table.

**NICK GRIMSHAW:** AJ and Will, everybody!

**AJ ODUDU:** Thank you!

**WILL BEST:** Thanks guys.

**AJ ODUDU:** Thanks for having us.

**NICK GRIMSHAW:** I thought that getting Marcus to do that would be like, 'Oh my God, I can't believe it!' And actually, Will and AJ are a bit like, is that it? Is that it?

**AJ ODUDU:** Genuinely, is that it? One of my favourite things about listening to this podcasts is you bigging up all of the guests before they come on. And what's happened there is iconic voice, however, didn't really big us up.

**WILL BEST:** No, not enough. Not enough.

**AJ ODUDU:** Not enough.

**NICK GRIMSHAW:** Not enough.

**ANGELA HARTNETT:** See how your interview goes. We'll big you up big at the end.

**AJ ODUDU:** Thank you.

**ANGELA HARTNETT:** I promise you.

**NICK GRIMSHAW:** I genuinely am so excited about it.

**ANGELA HARTNETT:** He is, he is.

**NICK GRIMSHAW:** And I'm not just saying this because Marcus did a s\*\*\* intro. I actually am dead excited. I think it's gonna be a fun one this. It's a dream situation for me. We've got Angela cooking, doing Mexican food.

**AJ ODUDU:** Yes!

**NICK GRIMSHAW:** We're having cocktails. It's lunchtime. And Will Best and AJ Odudu are here everybody.

[Applause]

**NICK GRIMSHAW:** Come on.

**AJ ODUDU:** That's so good.

**NICK GRIMSHAW:** We're starting, we thought, with the Bloody Mary.

**WILL BEST:** Yeah, I noticed that.

**NICK GRIMSHAW:** Have you ever tried one, Will?

**WILL BEST:** It's funny you should mention that. Did these come out of a can by any chance?

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** These are Will Best's very own cocktails.

**WILL BEST:** I've got a brand. That's quite a grown-up thing to say, isn't it?

**AJ ODUDU:** It is.

**NICK GRIMSHAW:** Really grown up.

**WILL BEST:** I've started a brand making Bloody Marys in cans, called Bloody, and it's got Bloody-

**AJ ODUDU:** And it's stocked...

**WILL BEST:** Stocked in Waitrose!

**NICK GRIMSHAW:** That's right!

**WILL BEST:** So I can talk about it!

[everyone] Cheers!

**WILL BEST:** Thanks guys. So are you sampling this for the very first time?

**NICK GRIMSHAW:** Very first time.

**ANGELA HARTNETT:** Very first time. And why did you do it? What made you do it?

**WILL BEST:** Um...money, innit?

**ANGELA HARTNETT:** Money!

**WILL BEST:** No, because if that was the reason I was doing it, I would definitely have to stop. I love Bloody Marys.

**NICK GRIMSHAW:** Oh, it's so good, that.

**WILL BEST:** Thank you.

**NICK GRIMSHAW:** Not even lying.

**ANGELA HARTNETT:** It's not that mad spice right at the beginning, but it's soft at the end, it comes-

**WILL BEST:** You know what it is? It's balanced. That's what we were going for.

**ANGELA HARTNETT:** Look at the old sommelier over there! It's balanced!

**WILL BEST:** A Bloody sommelier. I actually brought you guys all a gift.

**NICK GRIMSHAW:** No!

**ANGELA HARTNETT:** Fantastic.

**WILL BEST:** Yeah. Even you, AJ.

**NICK GRIMSHAW:** Oh my God, thanks Will.

**WILL BEST:** AJ, that's for you.

**AJ ODUDU:** Thank you. Can I open it?

**WILL BEST:** It's a- yeah, so I'll describe it for the listener. It's a box with Bloody written on the front in massive letters.

**AJ ODUDU:** Oh my gosh.

**NICK GRIMSHAW:** Oh my God.

**WILL BEST:** Containing various Bloody Mary and Bloody drinks related. Those are my- those are my Bloody Nuts.

**NICK GRIMSHAW:** Bloody Nuts.

**WILL BEST:** Yeah, right there. So they are spicy.

**AJ ODUDU:** Your Bloody Nuts.

**WILL BEST:** So they are spicy, umami nuts. The olives, because the brine in the Perelló olives is quite spicy, they're like spicy Gordal olives. Put a little splash of that in your Bloody Mary.

**ANGELA HARTNETT:** Yeah.

**WILL BEST:** And then that's the can. But have a look at the front.

**AJ ODUDU:** Personalised!

**WILL BEST:** Personalised cans. And it's-

**AJ ODUDU:** Bloody AJ!

**WILL BEST:** Bloody AJ.

**NICK GRIMSHAW:** Bloody Grimmy!

**WILL BEST:** Bloody Grimmy and Bloody Angela.

**ANGELA HARTNETT:** Oh that's lovely, Will.

**WILL BEST:** It's a bit of fun. It's a bit of fun, isn't it? And the Observer Food Monthly picked us as the best canned cocktail of all the canned cocktails currently on the market. Can you believe it?

**AJ ODUDU:** Come on.

[Applause]

**WILL BEST:** Can you believe it? Can you bloody believe it?

**NICK GRIMSHAW:** AJ, if you were to embody yourself in a product, what product would you go for? Would you go cocktail in a can?



**AJ ODUDU:** I absolutely love a tinny, but I think mine would have to be, I don't know, like, could I be a container? Like a box? Like a box of something nice?

**WILL BEST:** Oh, I see, not food related, just, you're just a box.

**ANGELA HARTNETT:** You're the box.

**AJ ODUDU:** I'm the box that contains the food. Maybe I'm the box.

**NICK GRIMSHAW:** You're the Happy Meal.

**AJ ODUDU:** I'm the Happy Meal. I'm the joy that you want to unwrap, d'you know what I mean?

**ANGELA HARTNETT:** I like that, I like that.

**AJ ODUDU:** D'you know what I mean, like, you open the box and it just goes, Hello!

**NICK GRIMSHAW:** Hello!

**AJ ODUDU:** Your food looking at you.

**NICK GRIMSHAW:** I love the 'Hello.' I can't not do the AJ 'Hello' every time. And I don't know if you find it annoying when I do it, if I see you-

**AJ ODUDU:** No.

**NICK GRIMSHAW:** -but I can't not do it. 'Hello!' Me and Mesh do it round the house if we see you on Instagram. We're like, 'Hello!' I love it so much. Hey, you know where it goes down really, really well? Silent at Centre Court at Wimbledon.

**AJ ODUDU:** 'Hello!' Guilty!

**NICK GRIMSHAW:** Hey, talk to us about your Wimbledon experience, because that was the last place I saw you, AJ. You were really invested in the games, weren't you?

**AJ ODUDU:** I absolutely love Wimbledon. And I feel like it's a great tournament, because it's good on every single tier, right? Like, I have been, I have been to Wimbledon, queued up, outside, in the rain, with like me homemade sandwiches, blagging a ticket for a tenner, glorious day. But I've also been boujie, which is how we recently went, wasn't it?

**NICK GRIMSHAW:** Yeah, we went boujie.

**AJ ODUDU:** We went boujie.

**NICK GRIMSHAW:** We did.

**AJ ODUDU:** There's like, a gorgeous room, it's all set out.

**NICK GRIMSHAW:** Afternoon tea.

**AJ ODUDU:** Afternoon tea.

**NICK GRIMSHAW:** No, you have lunch first.

**AJ ODUDU:** No, you have lunch, yeah.

**WILL BEST:** What, sit down lunch?

**NICK GRIMSHAW:** We're not heathens. Lunch first.

**AJ ODUDU:** Yeah, you have a lunch, and it's like a gorgeous buffet. Do you know what I mean? And we went with this water brand, but they secretly had, you know, a stash of any drink that you want you can get it.

**NICK GRIMSHAW:** Anything.

**AJ ODUDU:** It's all so good, so good in fact, that I kind of missed the tennis.

**NICK GRIMSHAW:** We went out to watch it, and then there was like seats where you go out and watch it. So there's two seats missing.

**ANGELA HARTNETT:** Yours and AJ's.

**NICK GRIMSHAW:** No, I went and watched it, me and Mesh.

**AJ ODUDU:** It was me and Tom Allen.

**NICK GRIMSHAW:** It was AJ and Tom Allen. And then they came out and there must have been about four minutes left, and Tom Allen's like, 'Ooh, some tennis.' And I was like, smashed.

**WILL BEST:** You've not just been drinking water in there, have you.

**NICK GRIMSHAW:** No, no, not been drinking water. It was a weird room.

**AJ ODUDU:** Oh.

**NICK GRIMSHAW:** Weird gang.

**WILL BEST:** Who else was there?

**NICK GRIMSHAW:** Us.

**AJ ODUDU:** I mean, what an eclectic bunch, wasn't it?

**NICK GRIMSHAW:** Central Cee.

**AJ ODUDU:** Central Cee

**NICK GRIMSHAW:** A Beckham child.

**AJ ODUDU:** Oh, which one was it, was it Brooklyn?

**NICK GRIMSHAW:** No.

**AJ ODUDU:** No, it was Romeo.

**NICK GRIMSHAW:** Romeo.

**AJ ODUDU:** It was Romeo Beckham, Central Cee-

**NICK GRIMSHAW:** Central Cee.

**AJ ODUDU:** It was-

**NICK GRIMSHAW:** Tom Allen.

**AJ ODUDU:** Tom Allen.

**ANGELA HARTNETT:** You two.

**NICK GRIMSHAW:** Us.

**AJ ODUDU:** Letitia Wright. Actors.

**ANGELA HARTNETT:** Yeah.

**AJ ODUDU:** Musicians.

**NICK GRIMSHAW:** But what a day, eh.

**AJ ODUDU:** Michael Dapaah.

**NICK GRIMSHAW:** Yeah, Michael Dapaah.

**AJ ODUDU:** Yeah.

**NICK GRIMSHAW:** It was a right gang in there.

**AJ ODUDU:** It was a right motley crew.

[*Cutlery sounds*]

**NICK GRIMSHAW:** Now, we're gonna talk food first, before we- how long is the food off?

**ANGELA HARTNETT:** About five, six minutes.

**AJ ODUDU:** Oh my gosh, you're actually cooking it as well?

**ANGELA HARTNETT:** Yeah.

**AJ ODUDU:** I've always wondered that.

**NICK GRIMSHAW:** What did you think it was 'out....

**AJ ODUDU:** I thought, maybe 'cause I've done a tiny bit of cooking, and I realised that there's food stylists who do all the cooking, ahead of the cooking, sort of thing, so I thought...

**NICK GRIMSHAW:** I'll bet Ange has that. No, she does it.

**WILL BEST:** You do it yourself?

**NICK GRIMSHAW:** She does it.

**WILL BEST:** DIY food styling.

**ANGELA HARTNETT:** Well, to be fair, Sam and Sarah help a lot, who work on the crew. They're really good.

**AJ ODUDU:** Do they dice it all up so that it's nice?

**ANGELA HARTNETT:** No, no, because they know-

**AJ ODUDU:** Are they like your sous chefs?

**ANGELA HARTNETT:** I dice much quicker and better than they do, so...

**AJ ODUDU:** Oh!

**NICK GRIMSHAW:** Oh!

[Laughter]

**ANGELA HARTNETT:** But to be fair, Sam and Sarah will know that. Even today, Sam goes, I'm going to put these steaks in, and I guarantee, ten seconds, Angela will smell them and be in. And literally, I smell them and I walked in. She's here!

**AJ ODUDU:** You can't help yourself.

**ANGELA HARTNETT:** Can't help it. No, no, so they're great, but they're not food stylists, they're just part of the crew. We all help each other.

**NICK GRIMSHAW:** And then what about cooking? You love cooking, don't you, AJ?

**AJ ODUDU:** Yeah, well, basically, in lockdown, I got so into cooking. Actually, right, love is a bit of a strong word. I do enjoy cooking, but I've got a love hate relationship with it. When I'm into it, I'm really into it. And then I'm like, enough! I need to be fed. It's- enough's enough. And then I enjoy it again, so- and I always love learning about food. I did this show, Cooking With The Stars.

**NICK GRIMSHAW:** Yeah.

**AJ ODUDU:** So you get paired up with a professional chef.

**NICK GRIMSHAW:** Who were you with?

**AJ ODUDU:** And I was paired up with Jack Stein.

**ANGELA HARTNETT:** Oh, wow.

**AJ ODUDU:** It was wow. It was so good. I literally was like, I've got a fish thermometer. A fish thermometer. Can you believe that? Wow. So it was amazing. Still can't get a crispy skin on the fish though.

**NICK GRIMSHAW:** Ange. Go on.

**AJ ODUDU:** He did teach me.

**WILL BEST:** I actually heard you talking about this on the episode.

**ANGELA HARTNETT:** Hot pan, olive oil and let it just do its thing. Don't move it.

**WILL BEST:** Rick Edwards was saying he didn't know how to do that. And then, no, no, Rick Edwards was saying he did know how to do it and he talked through this whole thing. And then you were like, no it's not that, not that all. You do literally the opposite of what Rick's just said.

**ANGELA HARTNETT:** Don't know what you're on about, Rick. Yeah.

**NICK GRIMSHAW:** You've gotta score it, haven't you, as well?

**ANGELA HARTNETT:** Score it, yeah.

**NICK GRIMSHAW:** Gotta score it.

**WILL BEST:** What, out of ten or?

**ANGELA HARTNETT:** Yeah.

**WILL BEST:** Just afterwards, yeah. That's good.

**NICK GRIMSHAW:** That's what I struggle with though. Getting it crispy.

**ANGELA HARTNETT:** Yeah. Just leave it in the pan oil and, yeah- not every skin you score, don't score cod.

**AJ ODUDU:** Oh.

**ANGELA HARTNETT:** It's only like sea bass or sea bream, score it and that will help.

**AJ ODUDU:** This is good to know. So not every fish it's good to- you're not always gonna get a crisp skin.

**WILL BEST:** To crisp up.

**AJ ODUDU:** It is mad...

**NICK GRIMSHAW:** Not always gonna get a crispy.

**ANGELA HARTNETT:** No, not always.

**NICK GRIMSHAW:** So do you cook, Will?

**WILL BEST:** I do cook.

**NICK GRIMSHAW:** If you're having a party do you cook?

**WILL BEST:** Yeah, yeah.

**NICK GRIMSHAW:** Yeah?

**WILL BEST:** If I cook something, it's a day.

**NICK GRIMSHAW:** It's a day.

**WILL BEST:** It's a full, I have to take- if I have people around for dinner, I have to take a day off work.

**NICK GRIMSHAW:** You're like, 6AM alarm.

**WILL BEST:** Yeah, yeah. Otherwise it's just not gonna get done. And then if it's bad, I've wasted my own time, I've wasted their time, it's bad. I am a one pot dish guy.

**AJ ODUDU:** A slow cooker. Love a slow cooker.

**WILL BEST:** Just get it all in, and even that, because the chopping, that is a very time-consuming process. But if that's all I have to do, I can just about get it done. I like making a smoked haddock chowder. You know what I mean? It's one of those things that's all quite impressive, but it's really easy. Cause how do you make a chowder?

**NICK GRIMSHAW:** And it seems really chefy as well, doesn't it?

**WILL BEST:** It does. And then you can finish it when people are there. So you get it all ready, and then you have to blend half of it to get the creaminess, and then add that to the rest. So all I'm doing- I'm just mashing with a blender. But it's, uh- or I like, I like a jambalaya.

**AJ ODUDU:** Oh, I love a jambalaya.

**WILL BEST:** Because actually, that's got a lot of the same- what a broken record I am, but that's got a lot of the same ingredients as a Bloody Mary. Because you get a lot of spice.

**AJ ODUDU:** Right. The promo's over.

**WILL BEST:** You get, you get spice from- you put Tabasco in, Worcestershire sauce.

**NICK GRIMSHAW:** Yes.

**WILL BEST:** Celery.

**NICK GRIMSHAW:** Bottle of vodka.

**WILL BEST:** Bottle of vodka, yeah. Some Amontillado sherry. Put it all in a personalised box.

**AJ ODUDU:** Oh my gosh, delish.

**WILL BEST:** It's good.

**AJ ODUDU:** Gosh, it's making me so hungry. I love, like, cooking, it depends what season it is. In the winter, I love Lancashire Hot Pot.

**NICK GRIMSHAW:** Oh, I love that.

**AJ ODUDU:** And they're great in one dish.

**NICK GRIMSHAW:** Yeah. Yeah.

**AJ ODUDU:** And I love a shepherd's pie with loads of gravy and red wine, with like, braised red cabbage, are you joking? So nice.

**NICK GRIMSHAW:** Are you fall for stuff seasonal? Because you saying seasonal, then when it gets wintery, I'm like, oh, I've got to have a red wine and gravy. I'm like a sucker for it.

**AJ ODUDU:** I am a sucker for it.

**NICK GRIMSHAW:** Like rosé, May to September.

**AJ ODUDU:** Yeah. And then when I feel like I'm detoxing, like genuinely hear me out on this, I love eating Nigerian cuisine.

**NICK GRIMSHAW:** Oh yeah?

**AJ ODUDU:** I feel like it's so fresh and amazing. So I have a lot of stew, pounded yam, eba, I love, like, vegetable stews, pepper soup, with yam, and just loads of fish and meat in it, spicy, it's got a nice kick to it, but you know what you're doing. And that's all just, like, it's soup.



**NICK GRIMSHAW:** I saw you having a Nando's with your mum.

**AJ ODUDU:** Yeah, I did have a Nando's with my mum.

**NICK GRIMSHAW:** How did mum like Nando's?

**AJ ODUDU:** Well, she thinks it's alright, but she'll only have it when she's absolutely starving.

**NICK GRIMSHAW:** Right.

**AJ ODUDU:** Basically, my mum, honestly, I don't know how she did this, but every single day of our lives, we had breakfast, lunch, and dinner, cooked by me mum, for eight kids. Like, what the heck? Just cooking all the time.

**NICK GRIMSHAW:** Constantly.

**AJ ODUDU:** Constantly cooking. And so actually, when she comes to see me, I always have to cook. She just refuses takeaways. And when I was doing Strictly Come Dancing, I was like, mum, I'm not cooking. We'd just come back for a glass of fizz and some pizza, and I think it got to like week nine and she was like, I'm not having another pizza again. And she made me cook rice and stew from scratch at like one in the morning.

**NICK GRIMSHAW:** Bleeding feet, you're like, aahhh.

**AJ ODUDU:** It was a lot. But yesterday she was starving, so she was like, fine, I'll take Nando's.

**NICK GRIMSHAW:** Fine, I'll do it.

**AJ ODUDU:** Fine, I'll do it.

**NICK GRIMSHAW:** I love when my mum has McDonald's because she has one about every like, two decades. And it's like, it's really alien seeing my mum have like, takeaway food.

**WILL BEST:** Does she love it though? Does she eat it and think, what am I thinking?

**NICK GRIMSHAW:** She don't love it, but the same with AJ's mum. She'll eat it if she's starving.

**WILL BEST:** Needs must. Yeah.

**NICK GRIMSHAW:** But she does call everything 'Mc' there, like she's like, McChips, and like, McDrink, I'm like, you don't have to call it like that. She puts it on a plate, and like cuts it.

**WILL BEST:** Oh, really?

**NICK GRIMSHAW:** Yeah, yeah, yeah.

**WILL BEST:** Knife and fork with a Maccy D's.

**NICK GRIMSHAW:** Knife and fork with a Maccy D's. Well, she's from Oldham, you know, Will. She's posh. She's dead posh.

*[Drink pouring sounds]*

**NICK GRIMSHAW:** What are we having today, Ang? What's on the menu?

**ANGELA HARTNETT:** Well, I'm not going to tell you. I'm going to get the voice of Big Brother to tell you what's on the menu.

**NICK GRIMSHAW:** Ooh!

**AJ ODUDU:** Ooh!

**WILL BEST:** Ooh!

**MARCUS BENTLEY:** Today we're eating steak and avocado tacos, served with guacamole and black bean loaded nachos, and spiced corn on the cob. Please send any leftovers.

**AJ ODUDU:** Yum. Oh my gosh.

**WILL BEST:** Nachos.

**NICK GRIMSHAW:** Wow.

**NICK GRIMSHAW:** Thank you so much, this looks so good.

**WILL BEST:** Angela, this looks absolutely amazing.

**ANGELA HARTNETT:** This is the sour cream dip that goes with our steak and avocado, and then this is another little sort of spicy mayonnaise which goes with the sweet corn.

**WILL BEST:** Talk me through the spicy mayonnaise dip.

**ANGELA HARTNETT:** So this is just hot pepper sauce, mayonnaise, sour cream, lime juice, raw garlic and chopped coriander.

**NICK GRIMSHAW:** Mmm.

**ANGELA HARTNETT:** And the garlic, rather than chop it, grate it. Have you got one of those microplanes? Basically, you grate it and it's much milder. You know when you have like garlic bread and it's just really raw garlic? If you grate it-

**WILL BEST:** It just spreads it out.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Exactly, yeah.

**WILL BEST:** I'm gonna take a bite now.

**AJ ODUDU:** Lovely.

**WILL BEST:** How is the steak so soft and not chewy at all?

**NICK GRIMSHAW:** It's so good.

**ANGELA HARTNETT:** So, the steak is a sirloin steak, you can buy it from the counter, sort of about half an inch thick, and you don't cook it for too long.

**WILL BEST:** You've not tenderised it? Not battered it with a hammer.

**ANGELA HARTNETT:** No, no. And it's marinated for an hour.

**NICK GRIMSHAW:** When you're marinating it do you put it in the fridge or not in the fridge?

**ANGELA HARTNETT:** Well, to be honest, we didn't put it in the fridge 'cause we were having it an hour later.

**NICK GRIMSHAW:** Maybe that's why.

**WILL BEST:** That's amazing.

**AJ ODUDU:** Wait a minute. Interesting point there. Ange.

**ANGELA HARTNETT:** Oops. I feel I've got a question there.

**AJ ODUDU:** Do you feel like, so do we need to rest the meat before and after cooking?

**ANGELA HARTNETT:** We're not resting it before cooking. It's just you don't take it straight from a fridge, so it's cold, and then cook it, because then all the muscles, as soon as you put cold muscles onto a hot frying pan or a hot oven, they sort of stress out. So you want it nice and tender, you see, and that helps do it you see.

**AJ ODUDU:** Right, so if it's been in the fridge for ages, keep it out until it's warm.

**ANGELA HARTNETT:** Room temperature, yeah.

**AJ ODUDU:** Room temp.

**NICK GRIMSHAW:** And then we've gone with it with a spicy margarita.

**AJ ODUDU:** Oh, cheers.

**WILL BEST:** It's delicious.

**NICK GRIMSHAW:** Yeah? Cheers, guys.

**WILL BEST:** Yeah, cheers.

**NICK GRIMSHAW:** Cheers guys.

**AJ ODUDU:** Oh my word. So good.

**NICK GRIMSHAW:** So these margaritas are called Fiery Lime Margaritas. And you make like a sugar syrup, but in the sugar syrup you put in chillies and cardamom pods. So that's why it tastes a little bit smoky, dare I say, maybe? And then we use George Clooney's tequila.

**ANGELA HARTNETT:** Of course.

**WILL BEST:** That's very nice of him. Did he drop it off himself?

**NICK GRIMSHAW:** Yeah, he did actually.

**WILL BEST:** I bet he didn't give you a personalised bottle.

**NICK GRIMSHAW:** He didn't actually. He didn't Will, unfortunately.

**WILL BEST:** But there's no Cointreau?

**NICK GRIMSHAW:** Yeah, there's no Cointreau, so no, it's just the sugar syrup with chillies and cardamom pods, tequila, lime, and ice.

**ANGELA HARTNETT:** I like that.

**NICK GRIMSHAW:** If you want to try out the margarita recipe, or any of the recipes, for the nachos, or for the tacos, or for the corn, [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes)

*[Drink pouring sounds]*

**ANGELA HARTNETT:** What do you guys eat on the set? Do you have a special rider, or do you just eat anything?

**WILL BEST:** I love crew catering.

**WILL BEST:** My favourite cuisine is buffet.

**ANGELA HARTNETT:** I don't think I've ever heard anyone say that.

**WILL BEST:** I'm never happier than when there's a tray, and I'm going down the line, and I'm pointing at stuff, and they're just slopping it on.

**NICK GRIMSHAW:** Just get it on.

**WILL BEST:** Double carbs, I'll have chips with my jacket potato, and rice.

**AJ ODUDU:** You've just got to eat all day when you're on set, don't you think?

**WILL BEST:** Grazing.

**AJ ODUDU:** You just need to eat, you're just grazing.

**NICK GRIMSHAW:** All day.

**AJ ODUDU:** On my rider, though, is crackers.

**NICK GRIMSHAW:** Have you got a rider?

**WILL BEST:** Have you got a rider?

**AJ ODUDU:** Yeah, I have.

**WILL BEST:** We got the same agent as well, she told me I'm not allowed one.

**NICK GRIMSHAW:** Don't be ridiculous, Will. What's on the AJ rider, then?

**AJ ODUDU:** I've always- Wow, you're eating that corn on the cob well posh.

**NICK GRIMSHAW:** Well, I thought 'cause it's got sauce on it-

**AJ ODUDU:** You don't just wanna put it in your mouth?

**NICK GRIMSHAW:** -the best way to do it with, stick it on its side and cut it off like that.

**AJ ODUDU:** I mean, it's quite effective, but like...

**NICK GRIMSHAW:** Do you think? I don't like sauce on my hands.

**AJ ODUDU:** What?

**NICK GRIMSHAW:** Yeah, I can't.

**AJ ODUDU:** It's, really-

**ANGELA HARTNETT:** And we unravel another layer of Nick Grimshaw. Here we go.

**NICK GRIMSHAW:** Ideally I'd have- on my rider someone does this for me. No, go on, what's on your rider? Come on.

**AJ ODUDU:** Well, I love crackers.

**NICK GRIMSHAW:** And cheese, or just a plain cracker?

**AJ ODUDU:** Butter. With salt and pepper.

**NICK GRIMSHAW:** Oh my god. This is a rider from 1941. Plain crackers with butter?

**AJ ODUDU:** I love it. I love them so much.

**NICK GRIMSHAW:** What about a bit of cheese?

**AJ ODUDU:** I love a bit of cheese, but I can only do that towards the end of the series. Otherwise I'll turn into like, a block of Stilton.

**NICK GRIMSHAW:** Yeah.

**AJ ODUDU:** I also really enjoy a bottle of tonic water.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah.

**WILL BEST:** Oh wow.

**AJ ODUDU:** Yeah, yeah, yeah. I love-

**NICK GRIMSHAW:** Treat yourself. This is a rider for prison. So crackers, water?

**AJ ODUDU:** And then a little bit of chocolate.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Oh yeah!

**WILL BEST:** Pushed the boat out at the end. Very nice.

**AJ ODUDU:** What's that posh chocolate? They come in the individual wrappers sometimes, and-

**WILL BEST:** Ferrero Rocher.

**AJ ODUDU:** It's not a Ferrero Rocher.

**NICK GRIMSHAW:** Like Lindt.

**AJ ODUDU:** It's not a Lindt, but I love them.

**NICK GRIMSHAW:** Love a Lindt.

**AJ ODUDU:** They've got different flavours, so some of them are like salted caramel.

**ANGELA HARTNETT:** It's not Green & Blacks, is it?

**AJ ODUDU:** It's Green & Blacks!

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Oh wow.

**AJ ODUDU:** Thank you. I love it. That's my only request. And you, you do have to request those things, because no one would think to put crackers in your dressing room.

**NICK GRIMSHAW:** Well, no.

**ANGELA HARTNETT:** No.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** Very true.

**NICK GRIMSHAW:** Cause they'd look like punishment. If someone was like...

**AJ ODUDU:** Oh my gosh.

**NICK GRIMSHAW:** That corn's banging.

**AJ ODUDU:** How have you made the onions not too onion-y?

**ANGELA HARTNETT:** They're pickled. And like I normally pickle like in vinegar, salt, and water. But these ones it's lime juice, salt and honey. So it's still sort of salt, sugar, and acid. So, as long as you have those sort of three things in anything pickling, you can do it. But the lime juice is the key and it's a red onion.

**WILL BEST:** They are quite spicy.

**ANGELA HARTNETT:** It's the dressing.

**WILL BEST:** I can't handle really spicy stuff.

**ANGELA HARTNETT:** Right, okay.

**WILL BEST:** But I quite, it's quite a weird thing if you have something that's too spicy and you kind of like your body's really fighting against it, when you come out the other side, you sort of feel like you've been born again. And it's quite an exhilarating like-

**AJ ODUDU:** It's cleansing.

**NICK GRIMSHAW:** What you're describing is like ayahuasca.

**ANGELA HARTNETT:** Yeah.

**WILL BEST:** Yeah, yeah. I'm looking down at myself, sweating.

**ANGELA HARTNETT:** Then you know.



**WILL BEST:** Yeah.

[Salt grinder sounds]

**NICK GRIMSHAW:** Oh my god, let's talk Big Brother. Now I was gassed when I heard this was coming back. Like, really, really excited. Did you guys know you were doing this show before they announced it? Or did they announce it and then say, we're gonna find presenters, how did it happen?

**WILL BEST:** You knew, didn't you?

**AJ ODUDU:** You've asked me that question and I've got a mouth full of food.

**WILL BEST:** I'll take that.

**NICK GRIMSHAW:** I just thought you were offended. You didn't say owt. You're like, how dare you.

**AJ ODUDU:** When- I first saw it announced in the middle of, like, Love Island or whatever, I just heard this thing.

**NICK GRIMSHAW:** Yeah.

**AJ ODUDU:** And that was the first time I heard that it was coming back. But I wasn't attached to the show at all. And I just was as excited as everybody else. And then, as time went on, I was like, I'm just, I'm gonna stick my name in the ring here.

**ANGELA HARTNETT:** Yeah.

**AJ ODUDU:** I'm just gonna...

**ANGELA HARTNETT:** Because this is the first time on ITV, isn't it? It's moved over.

**NICK GRIMSHAW:** Yeah.

**AJ ODUDU:** Yeah, yeah, yeah.

**ANGELA HARTNETT:** Fantastic.

**AJ ODUDU:** First time, it's been off air for like over five years now.

**ANGELA HARTNETT:** Right.

**AJ ODUDU:** So, new house. New presenters.

**WILL BEST:** New presenters. And a double act for the first time.

**NICK GRIMSHAW:** Yeah.

**AJ ODUDU:** Yeah. First time ever.

**ANGELA HARTNETT:** That's true actually.

**WILL BEST:** And we've still got no idea how that's actually gonna work.

**AJ ODUDU:** Yeah.

**NICK GRIMSHAW:** We'll find out the night, won't we?

**AJ ODUDU:** We'll find out. We'll find out. But yeah, buzzing.

**NICK GRIMSHAW:** What are your memories of watching it, guys?

**WILL BEST:** Like, I used to watch it with my parents, like it was a reality show that everyone would watch. It started in 2000, the first one was 2000 in the UK. It'd been going for a year somewhere else.

**NICK GRIMSHAW:** Where was it from, like, Amsterdam?

**WILL BEST:** Holland.

**NICK GRIMSHAW:** Yeah, yeah, yeah.

**ANGELA HARTNETT:** It was Holland or something wasn't it.

**WILL BEST:** Holland.

**NICK GRIMSHAW:** It felt very modern, didn't it?

**WILL BEST:** Yeah.

**NICK GRIMSHAW:** It felt very, like, oh, Scandinavia.

**WILL BEST:** It had come over from the Continent.

**NICK GRIMSHAW:** Yeah.

**AJ ODUDU:** I didn't- I weren't even aware because I was so young, guys.

**NICK GRIMSHAW:** She was only two.

**AJ ODUDU:** But genuinely, I remember that first series just being so, so iconic. And that was all we talked about at school. First thing Monday morning, we'd get there and go, did you see this last night? Can you believe it? It was amazing. And those eviction nights were just incredible. And do you remember when- was she called Mel, from like Big Brother 1? She was the first person that got booed.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Ooh, when she came out.

**AJ ODUDU:** And it was like a little bit of booing. But it was essentially 'cause she was like hot and snogged two boys. And I was like-

**NICK GRIMSHAW:** You'd never leave the house if it was for that. Come on. Booed for that?

**AJ ODUDU:** Getting booed for that, snogging two boys?

**WILL BEST:** But that's quite interesting, so it was just a smattering of boos. So the audience just sort of finding out, like, is this okay? By 2018, they're throwing things.

**NICK GRIMSHAW:** It kicked off.

**AJ ODUDU:** They've got placards out.

**NICK GRIMSHAW:** My friend used to go down every week because she lived near it, and she used to go to all the evictions. She is so excited it's back, because she used to go every Friday.

**AJ ODUDU:** Wow.

**WILL BEST:** But that's a really interesting thing, because you've got to be really committed to like, make a placard and go to a TV studio. I keep meeting people that are like, yeah, I used to go, I used to go every week, there's pictures of me with my placards, like it's that kind of, people have that sort of visceral connection to it.

**NICK GRIMSHAW:** Yeah. Well, I remember it starting, and you're right, everyone talked about it. I mean it was so groundbreaking and so, so exciting, but it still feels now, that the onslaught of reality TV we've had for years, that people are really excited about Big Brother today.

**AJ ODUDU:** Oh, it's incredible really, because I always genuinely look at Big Brother as, like, the prototype. It genuinely changed the face of reality TV forever.

**WILL BEST:** Well, reality TV wasn't a word.

**AJ ODUDU:** Literally.

**WILL BEST:** It didn't exist until Big Brother.

**AJ ODUDU:** Exactly.

**NICK GRIMSHAW:** It was like an experiment.

**ANGELA HARTNETT:** But it was one of the things that people didn't need to watch it to know what was going on. Big Brother would hit the mainstream news and newspapers, because it was so new, it was news story.

**WILL BEST:** Definitely. And I think because it's real people, it's funny, like, the most common comment is please don't let it just be influencers, please let it be real people. Not that influencers aren't real people.

**AJ ODUDU:** Influencers are real people.

**WILL BEST:** Definitely.

**NICK GRIMSHAW:** To a degree.

**WILL BEST:** We know absolutely nothing about who's in it, we honestly know nothing. But I would be surprised if there isn't some, because that's society, right?

**ANGELA HARTNETT:** Yeah, it's how we are.

**WILL BEST:** There are lots of people, you know, who are kind of, of that ilk. And I think that's one of the unique things about Big Brother, is that it manages to sort of hold a mirror up to society, because it's real people, and it's like, this is an actual snapshot. But then it also manages to like, move society on in some ways, like Nadia. I mean, Nadia, a trans woman, in Big Brother, won Big Brother, like...

**NICK GRIMSHAW:** Yeah.

**AJ ODUDU:** We didn't even realise it at the time, but that was so groundbreaking.

**NICK GRIMSHAW:** Yeah, such a moment, yeah.

**AJ ODUDU:** Even Brian Dowling, you know, growing up in Blackburn, that was the first openly gay person I saw on TV, and the same with Nadia. I didn't know anyone trans growing up in Blackburn. So it's like you- you're right, it does bring society forward in a way because you do get a snapshot into the lives and minds of people that you would never usually meet.

**NICK GRIMSHAW:** Yeah, totally. So do you not have a clue who's going in, 'til you're outside?

**AJ ODUDU:** None.

**WILL BEST:** Mate, we know nothing.

**AJ ODUDU:** No.

**NICK GRIMSHAW:** That is so exciting.

**AJ ODUDU:** They're not telling us anything.

**ANGELA HARTNETT:** That's good though, you need to be fresh, yeah.

**NICK GRIMSHAW:** That is so good for you guys.

**AJ ODUDU:** They're genuinely not telling us anything. Do you remember when we saw the eye? So basically, me and Will saw the Big Brother eye, the brand-new eye, for the first time, the night that we posted the eye. And they were like, right, we're all doing this social media collaboration post. We're going live at 10PM with the eye, and I was like, send me the eye. They were like, no, it's in embargoed. I was like, no, but guys, we're-

**NICK GRIMSHAW:** We're posting it.

**AJ ODUDU:** -presenting the show, and we're posting it, like, we're in on the secret. They're like, no.

**WILL BEST:** No you're not.

**AJ ODUDU:** No, no you're not. So I was like, what? So yeah, we literally- I'm so- we're learning everything with the viewer.

**ANGELA HARTNETT:** Yeah.

**AJ ODUDU:** It's genuinely so exciting.

**NICK GRIMSHAW:** But that will be what will make it so fun for you guys, and like, why I think Davina McCall was so good at it. Because she was like, into it.

**ANGELA HARTNETT:** Yeah.

**WILL BEST:** Yeah.

**NICK GRIMSHAW:** Like, she was so into it. So she was watching it like us, weren't she, she was excited.

**AJ ODUDU:** Obsessed.

**WILL BEST:** Yeah, yeah, yeah.

**AJ ODUDU:** We're going to be on the edge of our seats, aren't we?

**WILL BEST:** A hundred percent.

**ANGELA HARTNETT:** But how are they going to deal with, because there's been so much about the, you know, duty of care.

**WILL BEST:** So actually, I was listening to Radio 4 last night.

**NICK GRIMSHAW:** Ooh!

**AJ ODUDU:** Ooh.

**ANGELA HARTNETT:** Ooh.

**WILL BEST:** Yeah, thank you. It's only because we leave it on for the dog.

**AJ ODUDU:** Your dog listens to Radio 4?

**WILL BEST:** He used to listen to LBC, but it was making him a bit-

**NICK GRIMSHAW:** Bit angry.

**WILL BEST:** A bit aggy.

**NICK GRIMSHAW:** Yeah, bit aggy.

**WILL BEST:** But yeah, anyway, so the MD of the production company who were making it was on, talking about exactly that thing, about duty of care. And, you know, they've got twenty years of experience, for a start, of Big Brother, and how to do the

duty of care thing right. Plus they've got all the other shows that have happened, especially on ITV, you know, Love Island, like, the level of care that the housemates are gonna get going into the show, the aftercare coming out, like, it is unmatched in, like, TV history, basically.

**ANGELA HARTNETT:** And it's not having a go to the TV, because, you know, I run restaurants, and we have that. It's just a generation now, coming out of lockdown, and everyone's mental health, you sort of think, Christ, you're locking twenty-four people-

**WILL BEST:** Well they're going back into lockdown, so they're gonna be fine.

**ANGELA HARTNETT:** In a way, yeah, yeah exactly.

**NICK GRIMSHAW:** I love it.

**AJ ODUDU:** Let's get you in the house, Ange. Say no more!

**WILL BEST:** She might be. She might be going in, we don't know.

**ANGELA HARTNETT:** You don't know. You don't know.

**NICK GRIMSHAW:** How do you think you'd get on in Big Brother?

**ANGELA HARTNETT:** I think I'd be alright.

**NICK GRIMSHAW:** Locked in a house.

**ANGELA HARTNETT:** I think people would like me, as long as people gave me my space and I could go off and have my book, you know, like, read my book.

**AJ ODUDU:** What are you talking about? You'd have to sh-

**NICK GRIMSHAW:** You can't have a book.

**AJ ODUDU:** You can't have a book.

**WILL BEST:** You can't take anything in.

**AJ ODUDU:** You can't take anything in.

**WILL BEST:** You can't take a pen and paper, look what happened to Nasty Nick.

**ANGELA HARTNETT:** I'd be- no, no, no. If I then had to just talk to people for four weeks, no, forget it. Not a chance. I'd kill someone.

**NICK GRIMSHAW:** It's longer than four weeks and all.

**ANGELA HARTNETT:** I would not deal with it. I'd be permanently in the diary room going, 'Get me out of here!'

**AJ ODUDU:** 'Please!'

**ANGELA HARTNETT:** 'I'm gonna kill someone!' No, no, no. I'd fail.

**NICK GRIMSHAW:** I reckon that gets mad boring really quick.

**WILL BEST:** Being in there.

**NICK GRIMSHAW:** Just being in a house. Cause like first few days would be like, oh quite funny. I reckon by about day four you're like, oh my God, we're still in here.

**AJ ODUDU:** We're still here.

**NICK GRIMSHAW:** And that's day four.

**AJ ODUDU:** It's the mundane, like chores of life, which is like cooking, cleaning, I mean, if you think about like the arguments, they all start because of the shopping list.

**ANGELA HARTNETT:** Yeah, yeah.

**AJ ODUDU:** Someone's had more cheese.

**WILL BEST:** Well, food is a big thing in the house.

**NICK GRIMSHAW:** Yeah.

**AJ ODUDU:** That shopping list.

**WILL BEST:** Yeah

**AJ ODUDU:** I love the shopping list.

**NICK GRIMSHAW:** I love when they do the shopping list.

**WILL BEST:** And the tasks to get food.

**NICK GRIMSHAW:** On the board.



**ANGELA HARTNETT:** But it's the only thing to look forward to. If you've got nothing else.

**WILL BEST:** Yeah.

**ANGELA HARTNETT:** Like, what's your excitement? You know, we talk about food all the time, what are we going to eat? And we're in, like, normal day life.

**WILL BEST:** Yeah.

**AJ ODUDU:** I genuinely, personally love, like, a vegan to go in there, like, up against-

**WILL BEST:** A militant vegan

**AJ ODUDU:** Up against the butcher. And I want them going head-to-head.

**NICK GRIMSHAW:** Oh my god.

**WILL BEST:** Yeah, yeah.

**AJ ODUDU:** That'd be so funny.

**WILL BEST:** It will.

**ANGELA HARTNETT:** And then you get to look after chickens or something.

**WILL BEST:** I asked about whether there's gonna be chickens this year, and they said we're not telling you.

**NICK GRIMSHAW:** Oh, I love the chickens.

**WILL BEST:** But I don't think there will be, because...

**AJ ODUDU:** I don't think there will be, because again, duty of care.

**WILL BEST:** Duty of care.

**NICK GRIMSHAW:** Who was it who loved the chickens, was he called Darren? Who loved- is it Darren?

**AJ ODUDU:** Oh, Darren!

**NICK GRIMSHAW:** Who loved his chickens.

**AJ ODUDU:** Darren loved the chickens.

**NICK GRIMSHAW:** Yeah.

**AJ ODUDU:** I love Darren.

**NICK GRIMSHAW:** Well, I can't wait for it to start, I'm so excited. It's gonna be mega. It's gonna be really, really exciting.

**AJ ODUDU:** Thank you.

**ANGELA HARTNETT:** Fab.

*[Drink pouring sounds]*

**NICK GRIMSHAW:** As we are surrounded by television presenters extraordinaire, it's rare that we have three telly presenters on.

**ANGELA HARTNETT:** Who's the other one?

**NICK GRIMSHAW:** Me-

**ANGELA HARTNETT:** I'm sorry.

**NICK GRIMSHAW:** -AJ and Will.

**ANGELA HARTNETT:** I genuinely didn't mean it like that! Cause I always think of you as radio! Sorry, sorry.

**NICK GRIMSHAW:** Who's the other one?

**WILL BEST:** Don't say you genuinely didn't mean it, say it was a joke!

**ANGELA HARTNETT:** Sorry.

**NICK GRIMSHAW:** Who's the other one? Well forget this TV presenting tales section! What would I know? Genuinely, when you were saying it, was looking over my shoulder like...

**AJ ODUDU:** Who is it?

**ANGELA HARTNETT:** I honestly thought-

**NICK GRIMSHAW:** She was looking past me like that.

**AJ ODUDU:** Where are they?

**ANGELA HARTNETT:** I just think of you as radio, I thought you were-

**NICK GRIMSHAW:** Where's Claudia Winkleman?

**ANGELA HARTNETT:** I thought you might be thinking of me, like, I'm not a presenter... Sorry, I'm so sorry.

**NICK GRIMSHAW:** Well, we're around the table with two-

**ANGELA HARTNETT:** This happens a lot.

**NICK GRIMSHAW:** -television presenters.

**ANGELA HARTNETT:** They're amazing.

**NICK GRIMSHAW:** And me that's appeared.

**ANGELA HARTNETT:** And you've been on it.

**NICK GRIMSHAW:** Yeah, I've been on it. Forget it.

**ANGELA HARTNETT:** Oh, God.

**NICK GRIMSHAW:** So what I thought we could do is, is share any TV horror stories that you've had.

**AJ ODUDU:** Oh my gosh.

**NICK GRIMSHAW:** Because I was telling producer Claire about how back in the day I interviewed Backstreet Boys, and I said when I went through a break, we'll be back after the break with more from NSYNC.

**WILL BEST:** Ooh.

**NICK GRIMSHAW:** But it was Backstreet Boys, but it was by accident. And they went, hey, what? And I said, what? And they went, you just called us NSYNC. And I was like, yeah, what do you mean? And they were like, we're Backstreet Boys. I was like, oh my God! I mean it was bad. It was really bad. Which is probably why you don't know me as a TV presenter. But, have you guys had any telly nightmares?

**AJ ODUDU:** Just even you saying that, literally stressed me out so much. Because there was one day that I was presenting live on 4Music. Music show, lots of bulletins, into songs, out of songs. Anyway, I was like, throwing into Jason Derulo, and I think

we were coming back from like, Justin Bieber. And I had a halter neck top on, and I just turned to the side and I was like, Welcome back! And the camera kept moving, and I was like, what's going on? Hello? Like, I'm here. And then I just heard in my ear from talkback, from my director, 'Your boob's out! Your boob's out!' And I was like, no! Fully. The whole left one.

**ANGELA HARTNETT:** Oh my God.

**AJ ODUDU:** So bad. Why didn't they just cut to Jason Derulo straight away?

**NICK GRIMSHAW:** Yeah, or zoom in.

**AJ ODUDU:** Zoom all the way into my face!

**ANGELA HARTNETT:** Jeez.

**WILL BEST:** Oh God. That's bad. That is bad.

**AJ ODUDU:** That was horrific.

*[Dinner table sounds]*

**NICK GRIMSHAW:** Guys, thank you so much for coming around. That was so fun.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** But before you go, we have an end of show question. It's in a gold envelope. But if you can answer this question, you guys will win a Waitrose goodie bag.

**AJ ODUDU:** Oh my god!

**NICK GRIMSHAW:** I know and it's dead good. It's really good. Look how heavy it is.

**AJ ODUDU:** Oh my god.

**WILL BEST:** Whoa.

**NICK GRIMSHAW:** Look at that! Veins are coming out.

**WILL BEST:** Cool bag as well.

**AJ ODUDU:** D'you know what, that's gorgeous, and orange, my favourite colour, that bag.

**ANGELA HARTNETT:** There we go.

**NICK GRIMSHAW:** Is it?

**AJ ODUDU:** Stunning.

**ANGELA HARTNETT:** Right, what's the question?

**WILL BEST:** Okay, 'AJ and Will, Angela's gonna read you an iconic Big Brother quote. All you have to do-'she's put her glasses on, 'all you have to do is guess who said it.'

**AJ ODUDU:** Who said it?

**WILL BEST:** Okay.

**NICK GRIMSHAW:** Who said this?

**ANGELA HARTNETT:** Right, you ready for this?

**AJ ODUDU:** Ready.

**NICK GRIMSHAW:** Okay.

**ANGELA HARTNETT:** 'Sometimes I do wish I had someone that was very financially stable that could look after me, so I could just be me. Free. I just think this is gonna be a long slog, this life for me.'

**NICK GRIMSHAW:** Oh wow.

**WILL BEST:** It's poignant.

**AJ ODUDU:** It's poignant.

**WILL BEST:** It's quite emotional.

**AJ ODUDU:** It's emotional.

**WILL BEST:** Is that a haiku? Okay.

**AJ ODUDU:** I...

**ANGELA HARTNETT:** 'I thought you knew. You looked at me and I thought you knew.'

**AJ ODUDU:** I do. As soon as you opened your mouth, I was literally like, I've got this. The GC.

**WILL BEST:** Gemma.

**ANGELA HARTNETT:** Yes, it is Gemma.

**NICK GRIMSHAW:** The GC!

**AJ ODUDU:** It's Gemma Collins!

**NICK GRIMSHAW:** You win!

**AJ ODUDU:** She was so iconic on Big Brother.

**NICK GRIMSHAW:** So good.

**AJ ODUDU:** And I absolutely loved it when she was like, 'Guys, you're gonna all have to have cold showers tonight because I'm getting a blow dry.' D'you remember?

**NICK GRIMSHAW:** It was the best. That was the David's dead year.

**WILL BEST:** That was David's dead.

**NICK GRIMSHAW:** Well guys, congratulations, and good luck with the show. You're gonna be amazing on it. We're dead excited. AJ and Will, everybody!

[*Applause*]

**AJ ODUDU:** Thank you!

**WILL BEST:** Thanks, guys.

**AJ ODUDU:** Thanks for having us.

**NICK GRIMSHAW:** I feel like we need the Big Brother music then.

**NICK AND WILL:** [*Sing the Big Brother theme*]

**MARCUS BENTLEY:** AJ and Will, it's time to leave the Dish studio.

[*Theme music*]

**NICK GRIMSHAW:** Next week on Dish, we are going to be joined by Joanne McNally.

**JOANNE MCNALLY:** I don't think Spencer even knew I was in the house for the first three months. I think he thought I was one of the nannies. He was like, who is this extra woman, he was like take one of the children please. I mean it wouldn't be a bad family, but if I could be adopted by any celebrity family, it would be the Beckhams...

**NICK GRIMSHAW:** Oh would it?

**ANGELA HARTNETT:** Yeah

**JOANNE MCNALLY:** Yeah come on, Harper, she's living her best life...

**ANGELA HARTNETT:** Details of all the delicious meals I've cooked on Dish can be found at [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes). All the links are in our show notes.

**NICK GRIMSHAW:** We love reading your reviews, don't we Ange? Ange?

**ANGELA HARTNETT:** Yep.

**NICK GRIMSHAW:** Please keep them coming, and you know, the bigger the better.

**ANGELA HARTNETT:** Leave us a review on Apple Podcasts, Spotify, or wherever you are listening today.

**NICK GRIMSHAW:** Don't be a stranger, you can email us now. Angela is on hand, as am I, if you want, to answer any questions, [dish@waitrose.co.uk](mailto:dish@waitrose.co.uk).

**ANGELA HARTNETT:** Dish is a SE Creative Studio production.

**VOICEOVER:** Waitrose. Food to feel good about.